

FIG. 1

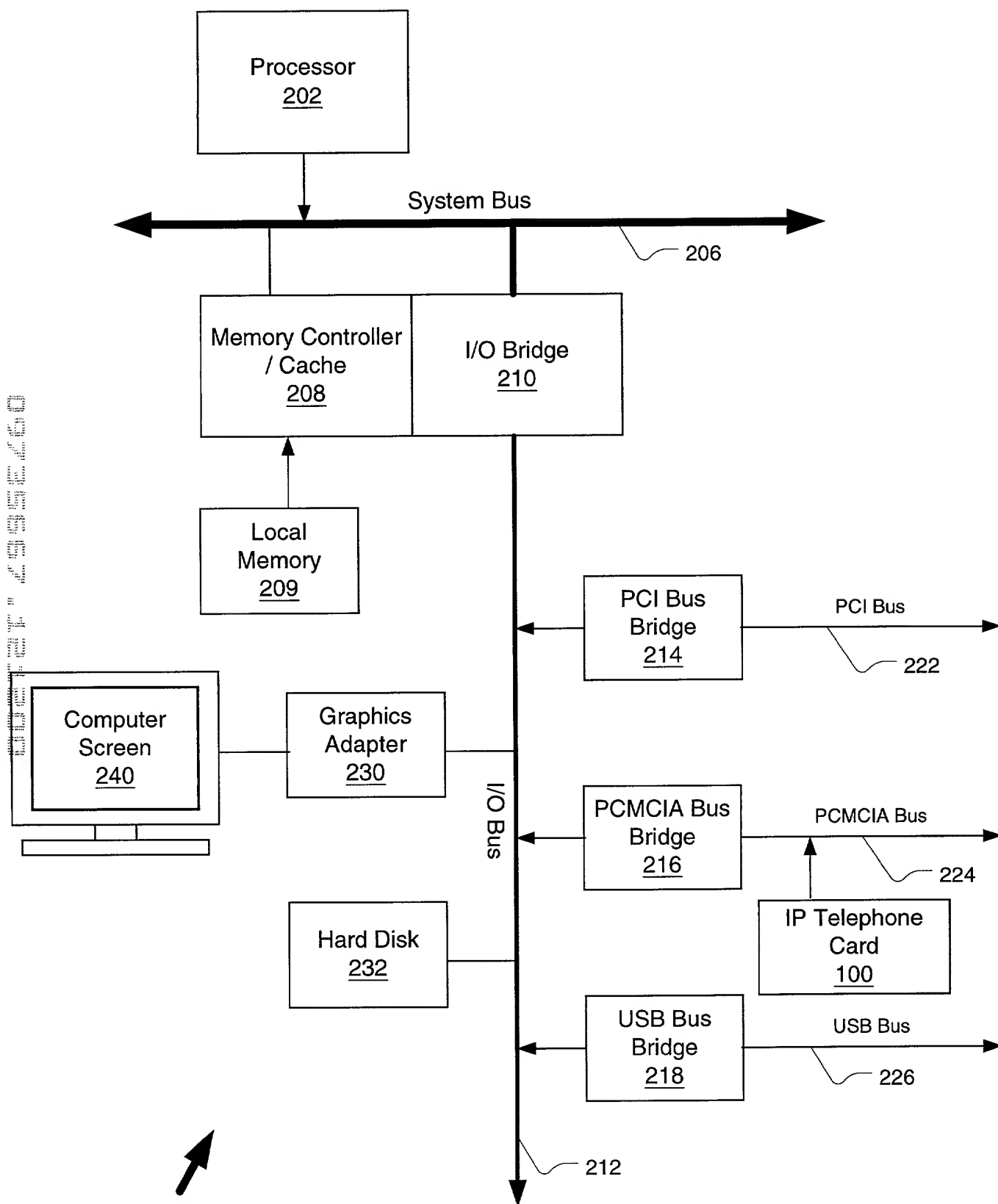


FIG. 2

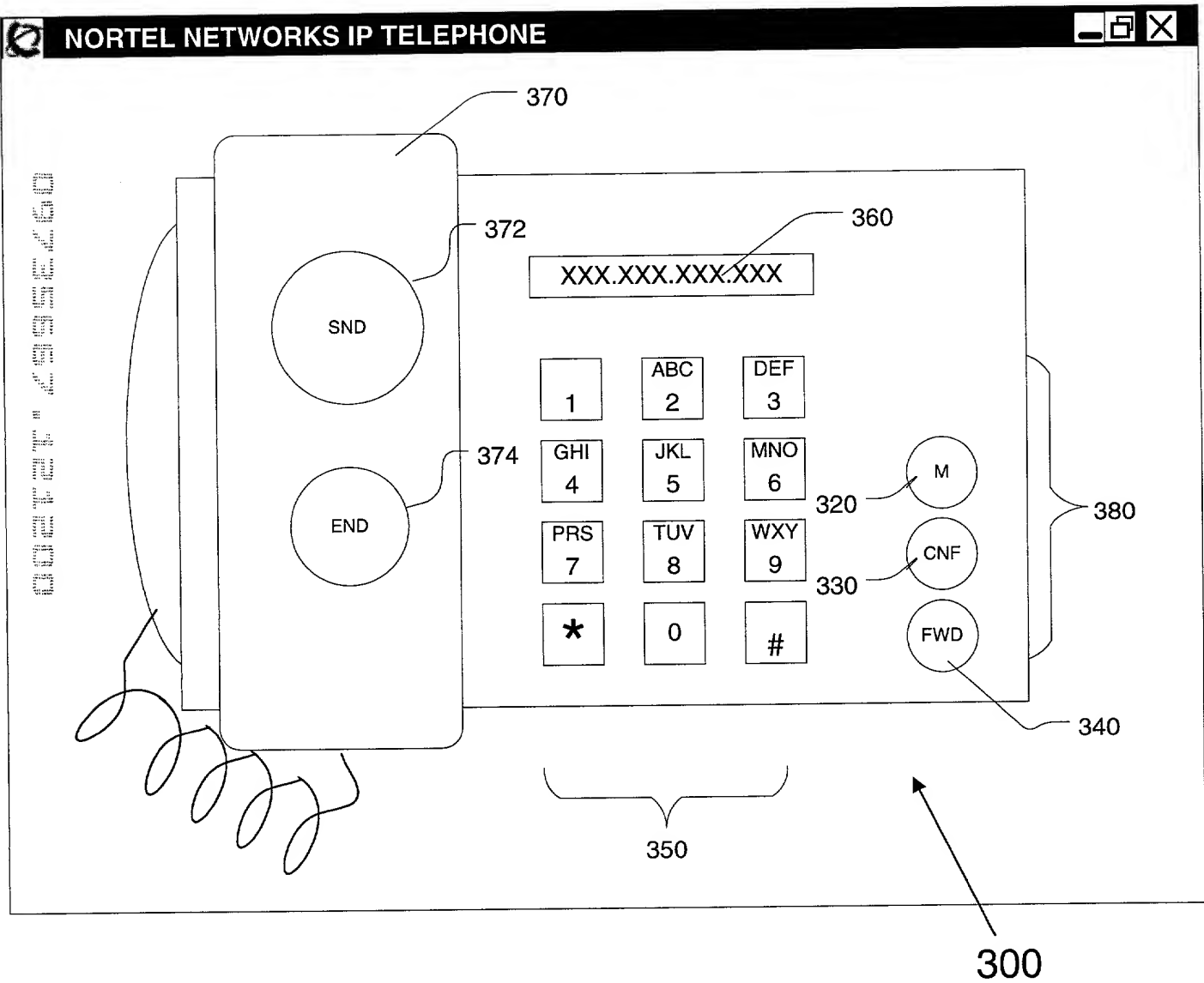


FIG. 3

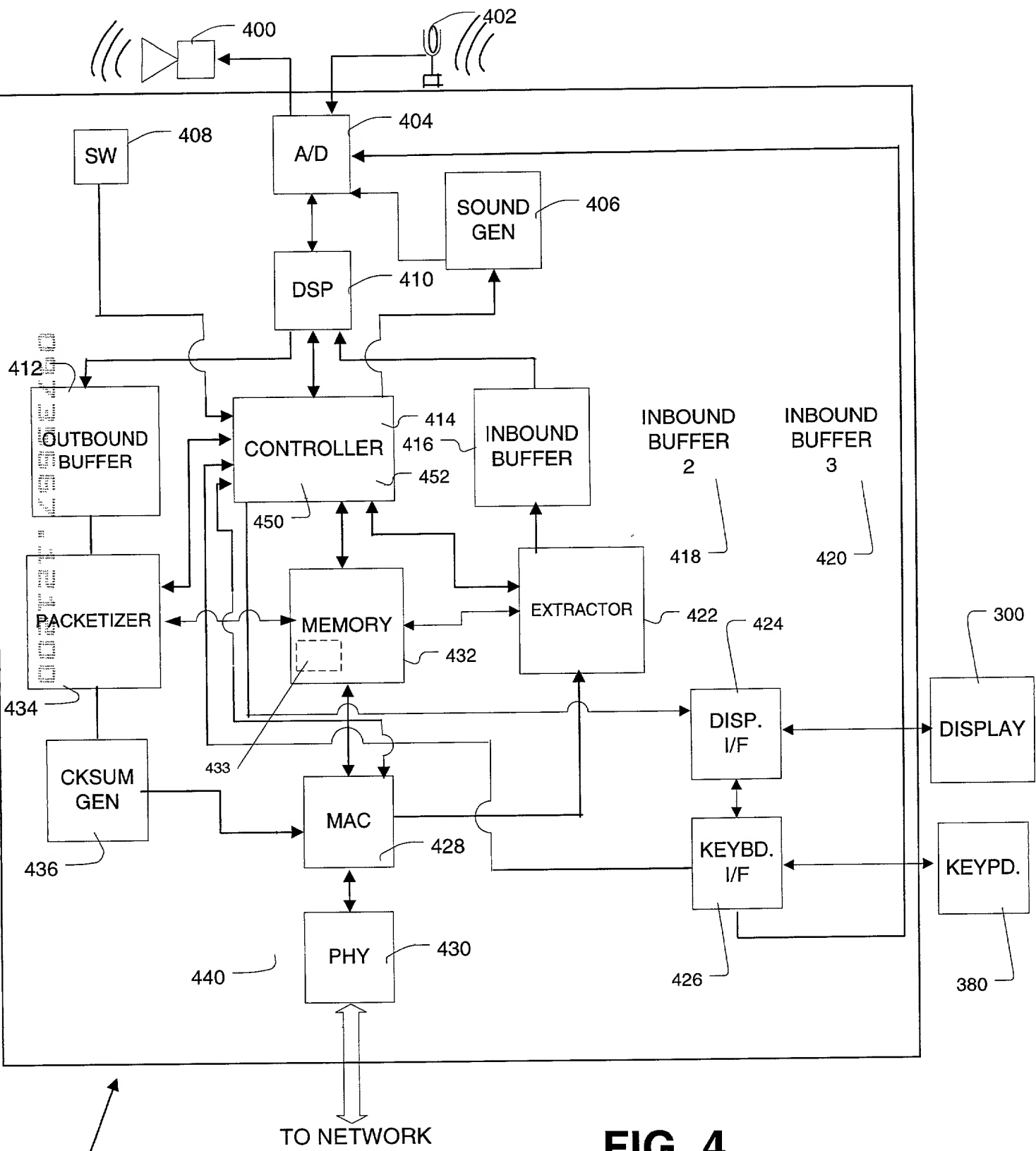


FIG. 4

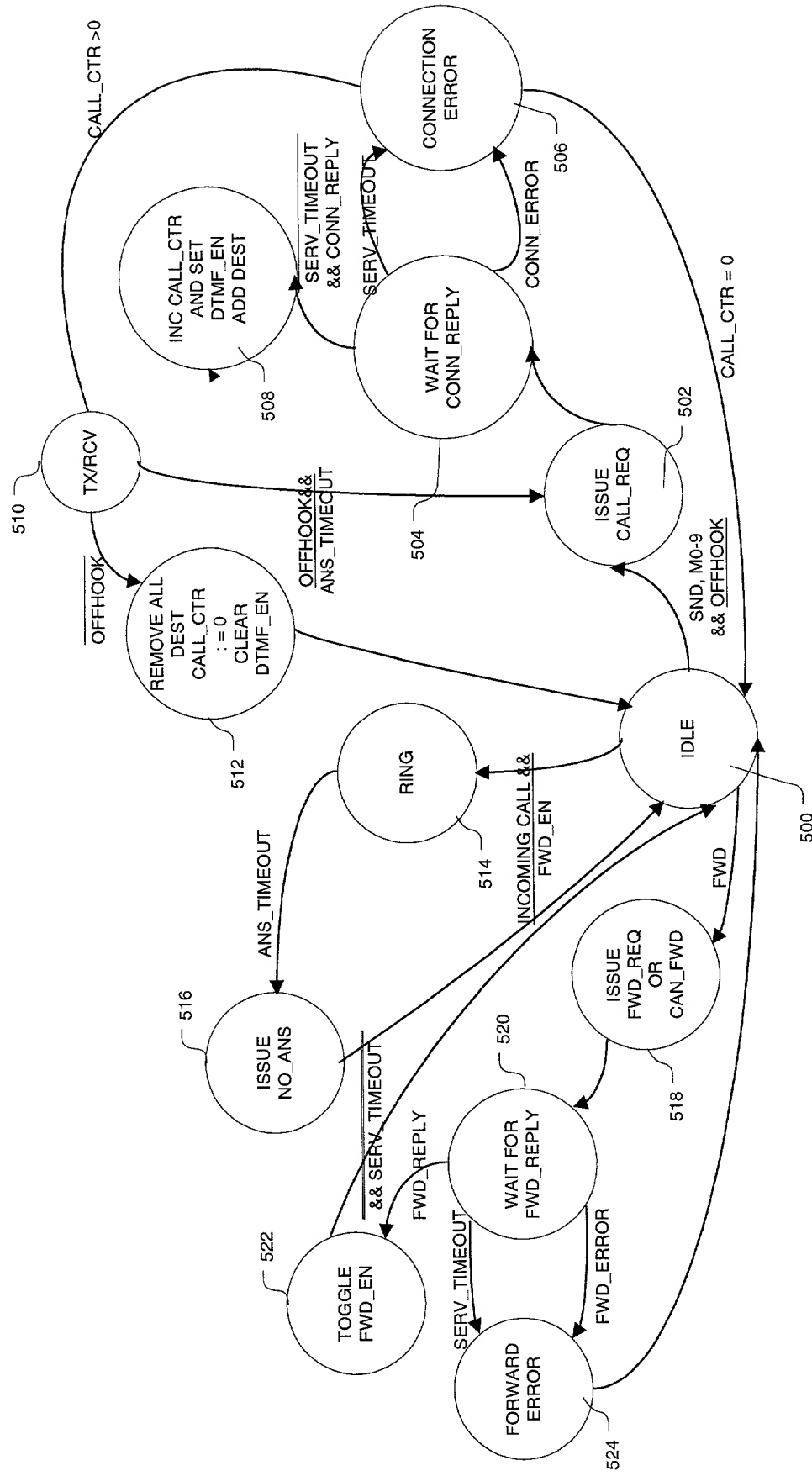


FIG. 5

Year	Age	Sex	Height (cm)	Weight (kg)	Body Mass Index (kg/m ²)	Waist Circumference (cm)	Hip Circumference (cm)	Waist-Hip Ratio	Trunk Fat (%)	Visceral Fat (cm)	Subcutaneous Fat (cm)	Visceral Fat Index (cm ²)	Subcutaneous Fat Index (cm ²)	Visceral Fat to Subcutaneous Fat Ratio
1990	20	M	175	75	24.5	95	105	0.90	15	5	10	150	100	1.5
1991	21	F	165	65	23.8	85	95	0.89	12	4	8	120	80	1.5
1992	22	M	180	80	25.9	100	110	0.91	18	6	12	180	120	1.5
1993	23	F	170	70	24.2	90	100	0.90	14	5	9	140	90	1.5
1994	24	M	185	85	26.2	105	115	0.91	20	7	13	200	130	1.5
1995	25	F	175	75	24.5	95	105	0.90	16	6	11	160	110	1.5
1996	26	M	190	90	27.4	110	120	0.92	22	8	14	220	140	1.5
1997	27	F	180	80	27.8	100	110	0.91	18	7	12	180	120	1.5
1998	28	M	195	95	28.7	115	125	0.92	24	9	15	240	150	1.5
1999	29	F	185	85	27.0	105	115	0.91	20	8	13	200	130	1.5
2000	30	M	200	100	30.0	120	130	0.93	26	10	16	260	160	1.5
2001	31	F	190	90	27.4	110	120	0.92	22	9	14	220	140	1.5
2002	32	M	205	105	30.5	125	135	0.93	28	11	17	280	170	1.5
2003	33	F	195	95	27.0	115	125	0.92	24	10	15	240	150	1.5
2004	34	M	210	110	31.0	130	140	0.93	30	12	18	300	180	1.5
2005	35	F	200	100	27.8	120	130	0.92	26	11	16	260	160	1.5
2006	36	M	215	115	31.5	135	145	0.93	32	13	19	320	190	1.5
2007	37	F	205	105	27.4	125	135	0.92	28	12	17	280	170	1.5
2008	38	M	220	120	32.7	140	150	0.93	34	14	20	340	200	1.5
2009	39	F	210	110	27.0	130	140	0.93	30	13	18	300	180	1.5
2010	40	M	225	125	33.3	145	155	0.93	36	15	21	360	210	1.5
2011	41	F	215	115	27.4	135	145	0.93	32	14	19	320	190	1.5
2012	42	M	230	130	34.8	150	160	0.94	38	16	22	380	220	1.5
2013	43	F	220	120	27.0	140	150	0.93	34	15	20	340	200	1.5
2014	44	M	235	135	35.3	155	165	0.94	40	17	23	400	230	1.5
2015	45	F	225	125	27.4	145	155	0.93	36	16	21	360	210	1.5
2016	46	M	240	140	36.0	160	170	0.94	42	18	24	420	240	1.5
2017	47	F	230	130	27.0	150	160	0.93	38	17	22	380	220	1.5
2018	48	M	245	145	36.7									

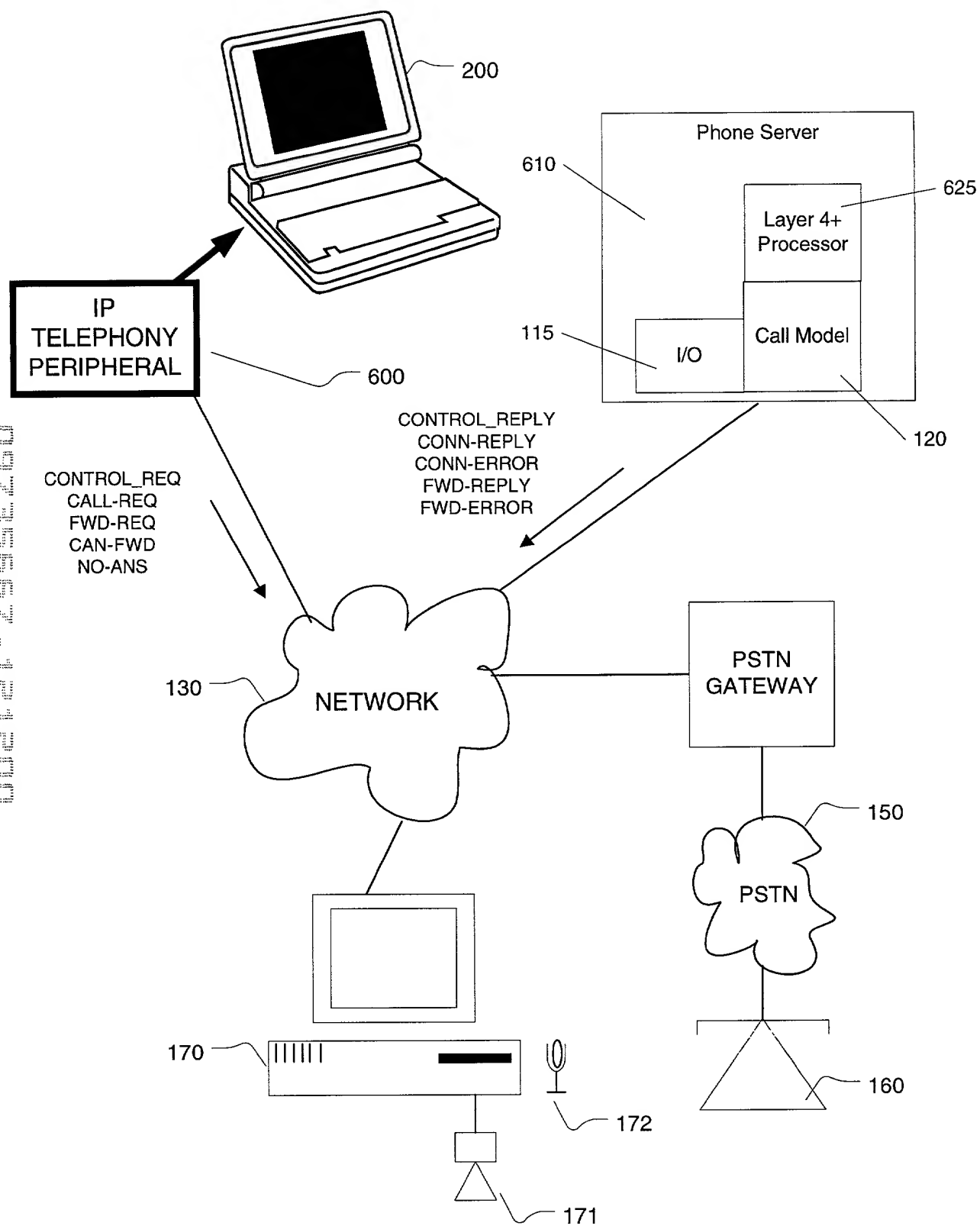


FIG. 6

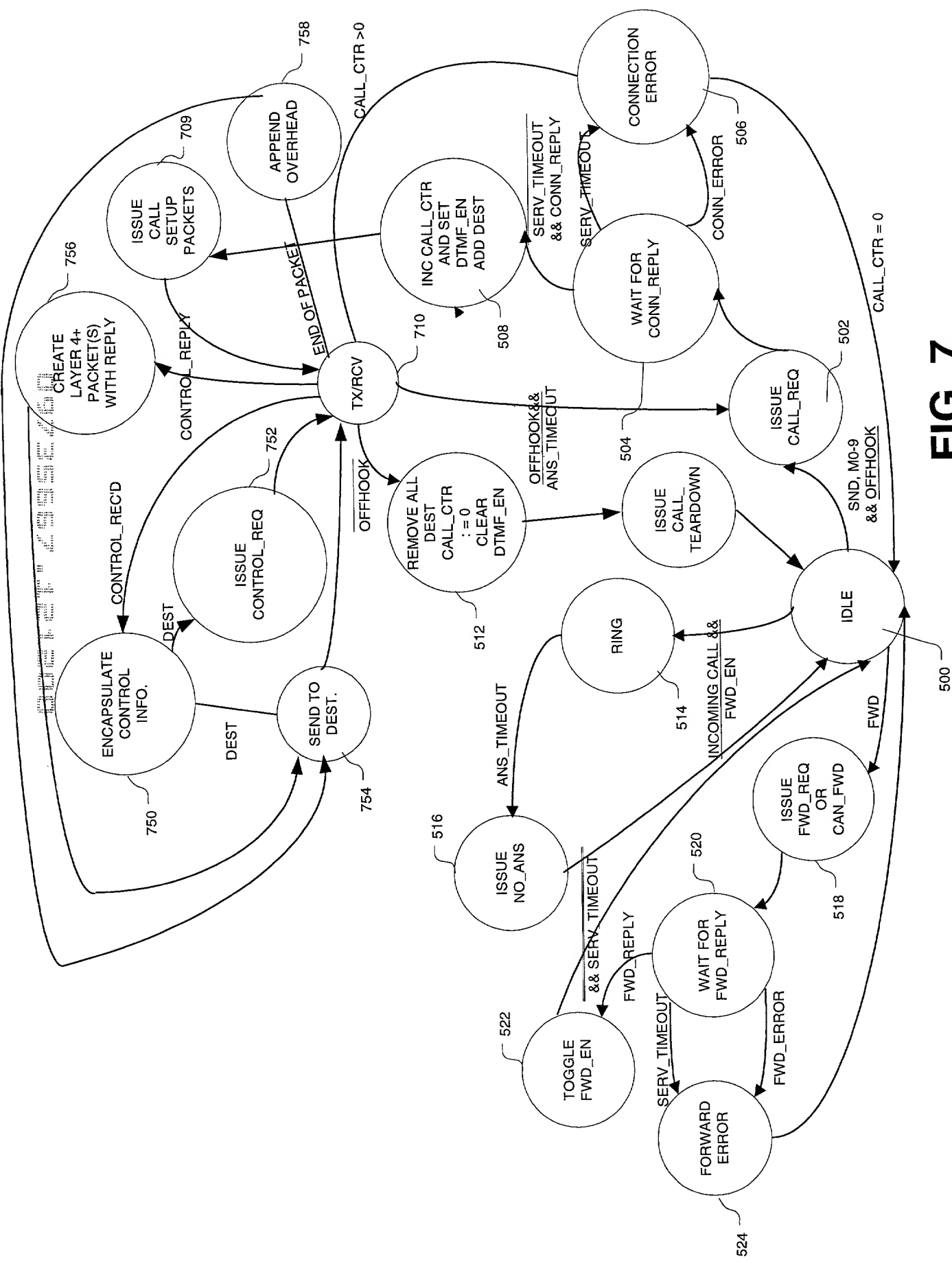


FIG. 7